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Public Health Advisory

Apricot Seeds and Apricot Seed Meal food recalls due to cyanide poisoning

June 4, 2019
Nunavut-wide

The Department of Health is warning Nunavummiut about a food recall issued by the Canadian Food Inspection Agency (CFIA) due to cyanide poisoning on the following products:

Brand Name	Common Name	Size	Code(s) on Product	UPC
Apricot Power	Bitter Raw Apricot Seeds	454 g	EXP 0121	7 280284 537130
Apricot Power	Bitter Raw Apricot Seeds	226 g	EXP 0121	7 528303 370840
Apricot Power	Apricot Seed Meal	191.4 g	0218WF	7 280284 536904

More information on this product recall can be found on the CFIA website at http://inspection.gc.ca/about-the-cfia/newsroom/food-recall-warnings/complete-listing/2019-06-01/eng/1559344930909/1559344932487

This recalled product should be thrown out or returned to the location where it was purchased.

Bitter apricot kernels naturally contain a compound called amygdalin, which has the potential to release cyanide when the kernels are ingested. Small amounts of cyanide can be detoxified by the human body, but high amounts may be lethal.

Exposure to high levels of cyanide may cause headache, dizziness, mental confusion, weakness, difficulty breathing, abdominal pain, nausea, vomiting, seizures and coma. Anyone experiencing these symptoms should go to their local health center.

For more information, contact the Canadian Food Inspection Agency at 1-800-442-2342 or visit www.inspection.gc.ca.

Sign up for food recalls at http://inspection.gc.ca/english/util/listserv/listsube.shtml.

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